

What Matters Wheel, Arthur's example

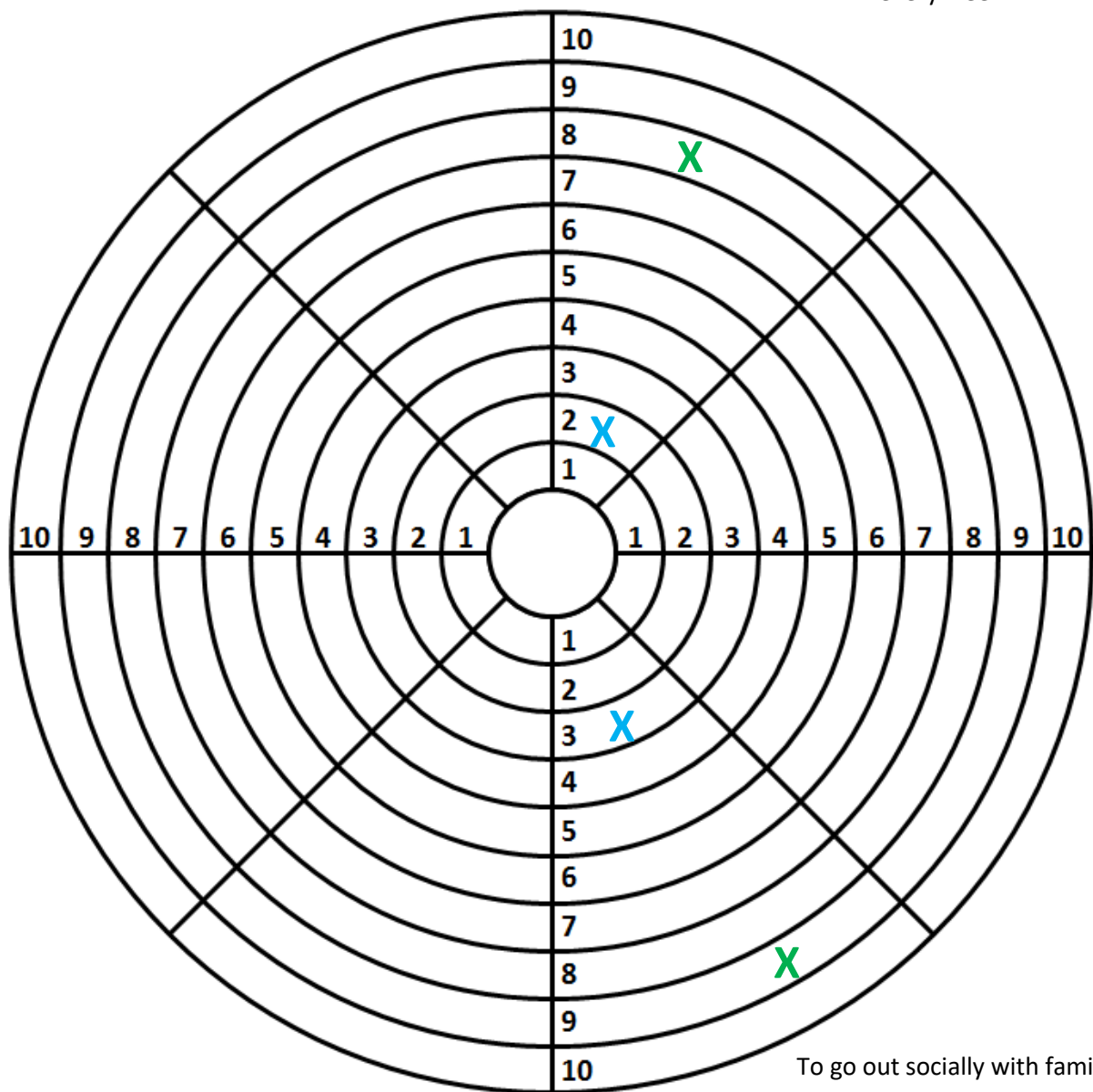
The purpose of Arthur's Circle is to keep him involved in gardening and DIY. Arthur wanted the opportunity to do this every week. As the Circle developed, the purpose shifted to also think about opportunities to spend social time with his family.

The What's Matters Wheel shows how Arthur was able to do more of the things that matter to him helped by the ideas and support within his Circle

X at start of the Circle

X after 6 months

To be involved with gardening and DIY every week



To go out socially with family and friends every month