

Connections with Purpose and Meaning

There is much talk of asset-based approaches. This is about doing it in practice! Connections are at the heart of our wellbeing. Covid has shown us just how vital people are to each other alongside the chance to pursue things that give us purpose and meaning. How can we support connections right now and take them forward into the post pandemic world?

During Covid many people have struggled to keep connected to friends and to important activities. At the same time this period has challenged us to consider whether some of the existing ways of offering support remain fit for purpose

This one-day on-line course will support you to explore using person centred approaches and tools to find out what matters to people and creative ways to enable what is practical and possible for keeping people connected and safe.

The course includes practical materials and optional on-line follow up support.

Who is the course for?

This course is useful for anyone supporting people living their lives in a wide range of situations and services – at home, in accommodation with support, for leisure and activities. You might be a manager of a care home, extra care setting, or in supported living or an activity co-ordinator or day service worker.

You might be working as a social prescribing link worker or for a voluntary organisation helping people avoid loneliness through connecting people to others and to local activities. Local commissioners and development staff may be interested in this introduction to how a range of solutions and approaches to build asset-based approaches could really help to “build back better” as we move on from Covid. People in these and many other roles will find this introductory course useful

Connections with Purpose and Meaning

At Community Circles we have been evolving and developing our approaches both before and during the pandemic into many forms of “Circles” that enable people to connect and contribute in their communities. Our work is part of a wider range of “asset-based approaches” starting to radically change both social and health care.

What will you learn?

Following this course you can get started making a difference straight away.

Course participants will learn how:

A range of community and person-centred approaches delivered via various types of “Community Circle” can help support people to access connections with purpose and meaning to them and grow community opportunities to grow these connections

To successfully develop and start to apply a range of effective approaches which don't require major resources but which can increase your impact in building connections and opportunities

·A range of effective tools and approaches can be applied in practice, adding value to what you do including via use of communications technology

What else is included?

Access to a range of practical tools and templates for use along with examples and stories of successful connections Guides and materials for the development of a range of types of Community Circle One year follow up support via an on-line platform, offering advice and discussion People who have completed this course can have the fee deducted from any of our longer courses.

£1,000 for ten places

Contact us now:

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Community Circles

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