

# Thriving People, Connected Places

## Realising the Potential of Extra Care Housing

Extra care housing is likely to feature much more in the future mix of local accommodation with support. The Association for Directors of Adult Social Care, in their recent Nine Statements to Help Shape Adult Social Care Reform have singled out extra care as a key means of rebalancing local provision. For extra care to fulfil its potential of course, it has to be much more than a tenancy with planned support.

Over the last few years, Community Circles, with partners including Wellbeing Teams and Helen Sanderson Associates, have been working to help realise that potential.

From “This is one of the most important developments in social care.” Professor John Bolton – National expert in preventive social care and outcomes this work we have developed practical materials and support approaches for sharing with others who share our aspirations for extra care.

Does that include you?

### Who is the course for?

The course will be of interest to support provider and housing organisation staff interested in the potential of person and community centred approaches within extra care. It will also be interesting to commissioning/development staff responsible for accommodation with support.

The short course is an introduction for those who want to explore the potential of the methods we have developed or start to plan and take action - with follow up available either via tailored development and mentoring or further more detailed courses and programmes.

# Thriving People, Connected Places

## Realising the Potential of Extra Care Housing

Following the introductory hour, the course is delivered over 9 weekly sessions via bite-sized story-based webinars and introductions to tools and approaches (all recorded).

The e-handbook provides links and examples relevant to all the sessions and an on-line group is available for follow up discussion.

### What will you learn?

**Following this course you can get started making a difference straight away.**

**Course participants will learn how:**

Community and person-centred approaches can support extra care housing settings to offer great opportunities for connections and purpose to residents and build thriving community hubs

Staff and residents can be supported to play effective roles in building great extra care communities

Effective tools and approaches can be applied in practice

Community resources can be accessed to the benefit of extra care residents and in making a real local contribution

### What else is included?

A Community Circles Extra Care e-handbook will be made available to each participant. This detailed resource has been developed from working with extra care settings. It includes tools, examples, stories and templates within a step-by-step guide

Optional online support between sessions, via a course group

**£3,500 for ten places**

**Contact us now:**

[membership@community-circles.co.uk](mailto:membership@community-circles.co.uk)

**For more info:**

[www.community-circles.co.uk](http://www.community-circles.co.uk)  
[@C\\_Circles](https://twitter.com/C_Circles)

**Community Circles**

1 Church View  
Knustford  
WA16 6DQ